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WINTER RESET

With the days getting colder and the nights getting longer, it's just about time for a refresh on our self-care routines. We're constantly testing new products to keep ourselves looking and feeling our best year-round, but when our skin, hair or body really needs some love, we turn to these tried-and-true beauty essentials to get ourselves back on track.

The colder months can be a tricky time for keeping skin healthy and hydrated, but that's nothing high-quality products can't fix. One way to maintain happy skin is from the inside out, which is why adding a few droplets of Sakara Life Detox Water Drops to your morning glass of H₂O is the perfect way to kick-start your wellness and beauty routine. To get rid of dead, dry skin, look no further than AfterSpa's Bath & Shower Exfoliating Gloves to

smooth while you wash. And after you scrub off the day, apply your soothing Naturopathica face mask and then follow it up with HydroPeptide PolyPeptide Collagel+ Eye Masks to really amp up the relaxation. Once you're all masked-out, apply ELEMIS Pro-Collagen Oxygenating Night Cream to clean skin for overnight rejuvenation, and use Doctor Rogers RestoringHealing Balm on any areas that might need a little more TLC, like your lips and elbows. Don't forget your hands either: The delicious scent and hydrating power of Dionis Caramel Pumpkin Spice Goat Milk Hand Cream make this step a real treat.

Glowing skin deserves a great hair day, too, and we've got you covered. Milk_shake's Leave In Conditioner boosts shine and protects hair color from UV damage. Invisibobble's Power Play

Date hair tie delivers the perfect ponytail without creating any breakage or creasing (and actually stays in place!). But what about makeup, you ask? Florasis's Blooming Rouge Porcelain Lipstick and Soft Blooming Feather Touch Precision Eye Brush are two additions to your routine that will hit the mark every time and have you looking polished in a pinch.

Happy testing!

The Editors at NewBeauty

 The Editors
at NewBeauty

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Oxygenating Night Cream

@elemis



Sakara Life

Detox Water Drops

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Florasis

Blooming Rouge Porcelain
Lipstick M132 or M302

@florasis.official



Florasis

Soft Blooming Feather
Touch Precision Eye Brush

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Naturopathica

Face Mask

@naturopathica



Dionis Goat Milk Skincare

Caramel Pumpkin Spice
Goat Milk Hand Cream

@dionisskincare



HydroPeptide

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Eye Masks

@hydropeptide



Afterspa

Bath & Shower
Exfoliating Gloves

@afterspa



milk_shake

Leave In Conditioner

@milkshakeusa



Doctor Rogers Skin Care

Restore Healing Balm

@doctor.rogers



invisibobble

POWER Play Date

@invisibobble

ELEMIS

PRO-COLLAGEN OXYGENATING NIGHT CREAM

WHAT IT IS

Clinically proven to significantly reduce the appearance of fine lines and wrinkles in 14 days, and to deliver instant and 24-hour hydration, this powerful night cream takes advantage of the skin's optimal time for regeneration—overnight—to target signs of aging and reveal a radiant, firmer-looking complexion upon waking.

HOW TO USE IT

Every night after cleansing, apply a pea-sized amount of cream into the palms and gently rub your hands together to warm up the product. Then, massage it over your face, neck and décolleté using upward, sweeping strokes.

KEY INGREDIENTS

Laminara digitata extract absorbs oil and water and acts as a base, while padina pavonica supports the feeling of hydration. Red algae, which is full of calcium, zinc and magnesium, improves the overall appearance of the skin.

EXPERT INSIGHT

"Enhance your skin's suppleness, firmness and elasticity while you sleep with the delicious, rich, whipped soufflé cream texture of the Pro-Collagen Oxygenating Night Cream. A blend of algae, antioxidants and triglyceride rich oils lavish the skin in hydration at the optimum time of replenishment."

—Emer Gillen, ELEMIS skin-care expert

EDITOR FEEDBACK



"When it comes to rich, hydrating creams, I keep coming back to this tried-and-true formula. It's velvety and smooth, but not heavy or tacky—a hard-to-come-by dream."

—Danielle Fontana Dooley,
senior digital editor

\$100, [elemis.com](https://www.elemis.com)

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SAKARA LIFE

DETOX WATER DROPS

WHAT THEY ARE

Packed with chlorophyll—the green pigment that enables plants to turn sunlight into energy through photosynthesis—these detoxifying drops help the body get rid of toxins by moving them as waste through the GI tract.

HOW TO USE THEM

Mix one full dropper with 16 ounces of water, adding up to three additional droppers to taste, drink and enjoy the benefits of plant-powered detoxification.

KEY INGREDIENT

Created with a special blend of chlorophyll harvested from white mulberry leaf because of its ultra-healing properties, this all-natural, active ingredient flushes toxins from the body with just a few drops and a few sips of water.

EXPERT INSIGHT

"We created our Sakara Detox Water Drops to level up our hydration and get extra nutrients in our day. By adding these Drops to every glass of water we drink, we're flooding our system with antioxidant-rich chlorophyll. It helps to flush out toxins (particularly from a night out!) and supports a radiant complexion and optimal gut health."

—Danielle Duboise and Whitney Tingle,
Sakara Life cofounders and co-CEOs

EDITOR FEEDBACK



"We all deserve the same level of TLC we give our beloved plants. The Sakara Detox Water Drops help rid the body of toxins and move things along in the digestive tract. The earthy flavor and green hue also add a bit of fun to your daily glasses of water while benefiting your body and skin."

—Allie Hogan, staff writer

\$39, sakara.com

Receive **20-percent off** your first purchase of Sakara Life products using the code **PN.TT20**—valid through December 2023.



FLORASIS

BLOOMING ROUGE PORCELAIN LIPSTICK M132 OR M302

WHAT IT IS

Beautiful from the inside out and taking design inspiration from the pure, white porcelain of the Chinese Ding Kiln, this lightweight lipstick features a non-drying, matte finish, and comes encapsulated in a delicate, porcelain case.

HOW TO USE IT

Apply with a brush or without. Pro tip: Start from your Cupid's bow and outline your lips toward the corners of your mouth, then fill in with color to finish your look.

KEY INGREDIENTS

This pigmented, even lipstick utilizes natural ingredients like candied hawthorn, damascus rose flower oil and Chinese peony extract create a natural yet striking color that will last all day.

EXPERT INSIGHT

"Applying lipstick is already glamorous, so the only thing I can recommend is to enjoy it! Every part of the application process, from opening the case to perfecting the lip, should make you feel like a work of art. Experiment by mixing and matching colors for a unique look and embrace that luxe feeling."

—Zi Qi, creative director of Florasis

EDITOR FEEDBACK



"Featuring one of the most intricate designs I've ever seen, the Florasis Blooming Rouge Porcelain lipstick is a work of art. This super blendable, soft-matte formula is vibrant, smooth and never drying. For a gradient look, I apply it with a lip brush along the lip line, fill in the center and follow with a light layer of lip balm in the center."

—Tatiana Bido, aesthetic content manager

\$39, florasis.com

\$10 off any \$100 purchase using code **testtube**. Offer expires 01/06/2023.



FLORASIS

SOFT BLOOMING FEATHER TOUCH PRECISION EYE BRUSH

WHAT IT IS

With an expertly crafted feathered handle for precise application, this eye brush allows you to create perfectly blended, personalized looks for any occasion.

HOW TO USE IT

After applying your eyeshadow, use this blending brush to assure smooth, seamless transitions.

KEY INGREDIENTS

Titanium fiber bristles are the shining star of this product, allowing for strong powder grip and even release, creating a flattering finish to your highly defined eye makeup. The premium metal handle also ensures a tactile grip and confident control.

EXPERT INSIGHT

"For this collection we wanted ultra-soft bristles, substantial weight, and a bold, luxurious design. And peacocks fit that bill perfectly."

—Zi Qi, creative director of Florasis

EDITOR FEEDBACK



"This brush can make a beginner look like a pro. It effortlessly blends, and I love how the beautiful design and color make it so easy to find in my makeup case."

—Lara Eurdolian, guest editor

\$22, florasis.com

\$10 off any \$100 purchase using code **testtube**. Offer expires 01/06/2023.



NATUROPATHICA

FACE MASK

WHAT IT IS

Made with pure ingredients, these masks offer spa-like, holistic herbal remedies for irritation, dull skin, dryness, and exhausted skin. Each Tube will contain one of four masks: Ruby & Dragon's Blood Love Mask, Chill Chocolate Vine Stress Mask, Amethyst Peace Mask or Green Tourmaline Energy Mask.

HOW TO USE IT

Simply apply a thick layer of the mask to cleansed skin, avoiding the immediate eye area, and leave on for 10 to 15 minutes. Rinse and reveal radiant, nourished skin.

KEY INGREDIENTS

Natural botanicals like chocolate vine work to smooth, lift, moisturize and fight signs of aging caused by stress, while the healing properties of ruby, green tourmaline and amethyst help to channel inner peace, serenity and power, nourishing both skin and soul.

EXPERT INSIGHT

"Masks are a great way to give the skin some extra love between facials. They provide an immediately visible result because of the ingredients and duration of time they are in contact with the skin. Masks are used to provide various benefits and boosts to the skin when we need it the most. Add these in as a part of your self-care ritual for an enhanced experience!"

—Kristen S., head of product creation

EDITOR FEEDBACK



"No matter which mask you get, it will add a major boost to your Self-Care Sunday ritual. My personal favorite is the Ruby & Dragon's Blood because it gives my skin a really pretty glow."

—Britt Fallon, director of beauty

\$48, naturopathica.com

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Disclaimer: subscribers receive one of four options: Ruby & Dragon's Blood Love Mask, Chill Chocolate Vine Stress Mask, Amethyst Peace Mask or Green Tourmaline Energy Mask.

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DIONIS GOAT MILK SKINCARE

CARAMEL PUMPKIN SPICE GOAT MILK HAND CREAM

WHAT IT IS

Delight your skin and your senses with this goat milk-infused hand cream in one of our favorite fall fragrances. Give tired, rough hands ample moisture and a delicious scent without a greasy residue.

HOW TO USE IT

Gently apply as often as desired and rub in until the product is fully absorbed. Enjoy your silky smooth hands and the yummy scent.

KEY INGREDIENT

It is made with 100-percent goat milk, meaning it is naturally enriched with high amounts of protein, fat, vitamins and minerals to nourish and help retain skin's moisture.

EXPERT INSIGHT

"Did you know goat milk has a similar pH to human skin? This allows our hand cream to deeply penetrate and moisturize, instead of just resting on top of skin like others. Because goat milk complements your body's natural moisture, it won't dry you out or leave you greasy. Plus, it's naturally loaded with the vitamins and other nutrients your skin craves."

—Karen Minsky, president of Dionis Goat Milk Skincare

EDITOR FEEDBACK



"This hand cream smells as good as it sounds and it isn't sold anywhere on its own—it's a NewBeauty exclusive—so take advantage! I love keeping a bit of that fall magic with me as we enter the colder seasons, so this scent is a dream. Goat milk is packed with protein, fat, iron and vitamins to keep hands hydrated all winter long."

—Allie Hogan, associate beauty editor

\$5, dionisgmskincare.com

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Excludes subscriptions and cannot be combined with other offers.



HYDROPEPTIDE

POLYPEPTIDE COLLAGEL+ EYE MASKS

WHAT THEY ARE

Full of collagen-supporting peptides and hydrating nutrients to reduce the appearance of fine lines and wrinkles while brightening age spots, these no-mess masks promote a youthful, energized eye area.

HOW TO USE THEM

Cleanse your skin and dry thoroughly, then separate the gel masks from the clear film and apply one under each eye as indicated. Leave on for 10 to 20 minutes, then remove. No rinsing necessary!

KEY INGREDIENTS

These tiny, powerful masks utilize hydrogel technology to lock in moisture and increase product absorption. Hydrolyzed collagen fragments are known to visibly support collagen production, and caviar extract and vitamin E provide necessary antioxidants and nutrients to promote balanced, luminous skin.

EXPERT INSIGHT

"These masks provide instant hydration, line-smoothing and depuffing to the delicate area around the eyes. They're a must-have for travel, before a special event, or anytime your eye area needs some expert attention."

—Dr. Neal Kitchen, chief geneticist for HydroPeptide

EDITOR FEEDBACK



"The no-fuss secret to looking more awake. We like having them hang out in the fridge for a little mid-day pick-me-up."

—Liz Ritter, executive editor

\$49, hydropeptide.com

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AFTERSPA

BATH & SHOWER EXFOLIATING GLOVES

WHAT THEY ARE

Perfect for a pre-tan ritual or to simply deeply exfoliate your skin, Afterspa's Bath & Shower Exfoliating Gloves help to create radiant, clean, soft skin by sloughing off dead skin cells.

HOW TO USE THEM

Gently massage your skin with the gloves and your favorite cleanser, wash or body scrub to clean and exfoliate. Rinse the gloves with water and air-dry. For best results, use daily.

EXPERT INSIGHT

"Our blend of materials provides the perfect amount of exfoliation without overdoing it. This is one of my favorite products because it makes me feel like I just got a body polishing treatment from a Korean spa."

—Emilio Smeke, founder

EDITOR FEEDBACK



"I've struggled to find a body exfoliant that really gets my skin feeling silky smooth, and these gloves truly hit the mark. I also love that I can use them with a cleanser or shower gel to save time and exfoliate while I cleanse."

—Isabelle Buneo, editorial intern

\$7, afterspa.com

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MILK_SHAKE

LEAVE IN CONDITIONER

WHAT IT IS

Specially formulated to condition normal to slightly dry hair and make damaged hair easier to comb after using other conditioners or treatments, this powerful leave-in conditioner generates optimum hair moisture balance and outer hair protection.

HOW TO USE IT

As simple as one, two, three: Spray uniformly onto clean, towel-dried hair, focusing on the most damaged areas, and then style as desired.

KEY INGREDIENTS

It's packed with natural ingredients like strawberry extract, Integrity 41—a powerful, hydroglycolic sunflower extract rich in antioxidant polyphenols—milk proteins, and extracts from honey, blueberry and papaya.

EXPERT INSIGHT

"The Leave In conditioner spray is an outstanding detangler that helps moisturize the hair and leaves it with a divine, sweet-smelling vanilla fragrance. For truly exceptional results, spray the product on after shampoo and conditioner to use it as a building base for your other products. This helps seal the cuticle layers on the hair, adds strength and protects the hair from damage that may occur during thermal styling."

—Dolly Hernandez, technical specialist for milk_shake

EDITOR FEEDBACK



"One of these vanilla-scented leave-in conditioners sells every minute around the world, and for good reason: My hair feels smoother and looks shinier, and my color also gets protected from UV damage."

—Britt Fallon, director of beauty

\$23, milkshakehair.com

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DOCTOR ROGERS SKIN CARE

RESTORE HEALING BALM

WHAT IT IS

First developed to heal highly sensitized post-procedure skin, this multitasking balm has quickly become a staple in dermatology offices, medicine cabinets and makeup artists' kits thanks to its ability to heal, hydrate and protect the skin.

HOW TO USE IT

Whether you want to calm post-procedure skin, soothe severely chapped lips or add a subtle sheen to your cheeks, apply this balm as often as needed to dry or damaged skin.

KEY INGREDIENTS

Castor oil, glycerin and hydrogenated castor oil—also called castor wax—are the key players in this multifaceted balm. Castor oil feeds the skin, decreases inflammation and delivers nourishing fatty acids to build the skin's natural moisturizing factor; glycerin speeds healing, reduces irritation and restores normal skin barrier function; and castor wax acts as a shield for skin helping to protect dry skin for hours.

EXPERT INSIGHT

"After seeing too many allergic reactions to all the ointments used by my patients, it became clear we needed something better to care for healing skin. Made with only ingredients the skin can use and free of allergens and petroleum, my Restore Healing Balm is not only the most effective, but also the safest product available for healing skin."

—Dr. Heather D. Rogers, dermatologist and founder

EDITOR FEEDBACK



"As an eye and lip balm, it cannot be beat! A silky texture that is pure perfection. Works wonders on any dry areas and quickly heals recovering skin."

—Sarah Eggenberger,
senior editor-at-large

\$30, doctorrogers.com

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INVISIBOBBLE

POWER PLAY DATE

WHAT IT IS

Specially formulated with HAIRLOVETECH technology and a carefully crafted spiral design, this hair tie ensures a non-slip grip and worry-free wear. Suitable for all hair types, the invisibobble POWER Play date is scientifically proven to cause 31-percent less damage, leave 68-percent fewer marks, and cause 100-percent less pain compared to generic hair ties.

HOW TO USE IT

Smooth your hair back and wrap the invisibobble around your ponytail, and enjoy long-lasting, pain-free, crease-free wear.

KEY INGREDIENT

Invisibobble's thermoplastic polyurethane formula and HAIRLOVETECH technology not only ensure a strong grip, but also prevent fluid absorption and allow the hair tie to never wear out or lose shape.

EXPERT INSIGHT

"Is your invisibobble spiral stretched out? Simply place it in hot water or use the heat from your blowdryer in order to shrink it back to its original size. Good as new!"

—Alyssa Montalto, director of marketing for invisibobble

EDITOR FEEDBACK



"If you're planning to dance the night away, or maybe hit the gym to work off that holiday meal, these hair ties are the perfect combination of grip and style."

—Amber Milt, senior video director

\$12, invisibobbleus.com

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