I didn’t want to go under the knife but wanted to do something to rejuvenate my look.”

doctor’s diagnosis
Like most women in their mid-50s, the signs of aging had started to set in with this patient, which Miami dermatologist Oscar Hevia, MD, who performed this “Liquid Lift” says were also contributing to an exhausted appearance. “She had this worn out, tired look, and I wanted to give her a fresh, rested appearance, which is more youthful,” he says. Using a variety of fillers and injectables, Dr. Hevia paid special attention to the eyes and cheeks. “I wanted to improve her eyes and restore volume and position to her cheeks, which had flattened and fallen.”

THE INJECTED AREAS
- Under the eyes to fix bags
- Forehead to smooth out lines
- Outer corner of the eyes to reduce crow’s-feet
- Sides of forehead to enhance the profile
- Smile lines to soften around mouth
- Jawline to sharpen it

THE PROS AND CONS
"Liquid Lifts, in the right patient, are a good option. But they are temporary and aren’t a replacement for surgery, like a facelift,” says La Jolla, CA, plastic surgeon Robert Singer, MD.

What a “Liquid Lift” can do:
- Fill lines and wrinkles
- Increase volume
- Add definition

What a “Liquid Lift” can’t do:
- Eliminate excess skin
- Provide long-term results
- Tighten the skin